



Scoggins Middle School Girls Athletics

**Parent Meeting
Information & Expectations
Athletic Policies**

Meeting Agenda

- **Introduce coaches**
- **Athletic policy**
- **Sign up for Sports You Notifications**
 - **Girls Athletics Sports You Code:**
 - **G4T6-TESR**
- **Parent Questions**

COACHES INTRODUCTIONS

- Christie Combest – Coordinator
 - 8th Volleyball/Basketball/Soccer
- Kelsey Wells
 - 7th Volleyball/Basketball/Track
- Rashid Baker
 - 8th Volleyball/7th Basketball/Track
- Kristen Drish
 - 7th Volleyball/Cross Country/Track
- Samantha Stasik
 - 8th Basketball/Track/Soccer

COACHES CONTACT INFO

- Office Number :

- 469-633-5195

- Emails:

- combestc@friscoisd.org

- drishk@friscoisd.org

- bakerr@friscoisd.org

- wellsk@friscoisd.org

- stasiks@friscoisd.org

A collage of various sports equipment. In the top left is a basketball. In the center is a soccer ball. To the right is a football with the Wilson logo. In the bottom left is a baseball glove. In the bottom center is a baseball bat. In the bottom right is a tennis racket. The background is a dark, textured grey.

Girls Sports Offered

- **Volleyball**
- **Basketball**
- **Cross Country**
- **Track**
- **Soccer**
- **Tennis**

Participation/Attendance

- Attendance at all practice/games is important and expected of each athlete.
- Practice will take place after school and times will be communicated by coaches each season
- If your daughter will miss practice, please communicate to the coach via email or phone in a timely manner. This is important as we plan for practices and games.
- Missed practices will affect playing time. Please ensure that your daughter is getting plenty of rest, eating right, drinking plenty of water, and washing their hands regularly. This will prevent the spread of sickness as it can spread quickly in athletics.

Injuries

- **Injuries**

- Please report any injury that happens during practice, or at a game, immediately to your coach.
- Trainer - Caitlyn Frye fryec@friscoisd.org
 - All communication regarding injuries will need to be sent to our trainer and your child's coach
 - Parent notes will be allowed for one missed practice; however, if your daughter needs to sit out, due to an injury, for longer than a day, we ask that they see our school trainer or a doctor in order to assess the injury.

Game Day

- **Game Day important reminders:**

- Students must be in attendance each game day in order to participate in the game. This is a UIL rule.
- T-shirts - Coach Wells
- Home games: Athletes will go home and return for their game.
- Away games: Athletes will stay after school and will have a study hall until they leave for their game. They will need to bring something to eat, or parents can drop off food in the back of the building after school. **DO NOT DROP ANY FOOD OFF IN THE FRONT OFFICE!!!**
 - Parents will pick up their athletes from the away games and sign out with a coach.
- Cell phones will not be allowed at games and will need to be kept in their bags, or lockers at home games. Having a cell phone at the game could result in suspension from a game or multiple games. We will communicate game times and updates through Sports You . Please make sure that you are signed up for the notifications from the sport that your daughter is currently participating.

T-Shirt Designs



Conflicts/Activities

- We encourage all of our athletes to try out for all sports. Middle school is the time to try different things and enjoy being a part of a team. You never know what they may discover they are good at.
- We have very talented students here at Scoggins and will work with all extracurricular activities that may conflict with athletics (i.e. band, orchestra, theater, choir, academic pentathlon, etc.). We speak to the sponsors on a regular basis and work with them in the best interest of the student.
- School sports will need to take priority over outside sports. We have tryouts and when an athlete commits to trying out, and making a team, they are making a commitment to be at all practices and games. IF they are unable to make this commitment, we ask that they allow another student that spot so that they are able to participate.

Conduct

- Athletics is a privilege and we expect that our athletes represent themselves, their families, and Scoggins in a positive manner.
- All athletes should adhere to Scoggins rules and the rules set forth by the Athletic program. They are representatives of, not only themselves and their family, but also of Scoggins Middle School.
- Discipline:
 - If an athlete is placed in ISS, or given OSS, by an administrator, they will miss the game that week and can be at risk of missing additional games based on the placement and recurrence.
 - Continued misbehavior could result in removal from Athletics
 - Teachers will notify coaches if they are having issues with athletes during class. We, as a coaching staff, will meet with the student and contact parents on an individual basis.

Locker Room/Equipment

- Each athlete IN SEASON will receive an athletics locker. They will not be allowed to get into the locker during the day. Athletes will have access to their locker from 8:15-8:20, during Athletics, and after school from 3:45-3:55.
- **Stuff that is to be kept in their lockers:**
 - Practice uniform
 - Game day uniform
 - Sweats, bag, socks, shoes
 - Deodorant (no spray of any kind)
- **Stuff NOT to be kept in their locker:**
 - Lunches, lunch money
 - Books, binders, homework, classwork, that they will need throughout the day
 - Body spray
 - Anything NOT related to Athletics
- Lockers are expected to be kept organized, locked, and orderly. We will have occasional locker checks.

Locker Room/Equipment (cont'd)

- It is the responsibility of the girls to keep the locker room clean and clear of any trash and other items left out.
- **NO CELL PHONES ARE ALLOWED IN THE LOCKER ROOM!**
Coaches
- We will be collecting phones before athlete's enter the locker room. We will keep them locked in our office until the conclusion of class/practice.
- **Equipment:**
 - All girls in athletics will be issued practice gear the first week of school. They are responsible for keeping up with their practice gear and washing it at **LEAST** twice a week. If they lose their practice clothes, they will be required to pay a \$25 replacement fee. They will not be able to practice until they have paid this and/or worked something out with the coaches. This could result in missed games, playing time, etc.
 - Once your child makes a team they will be issued a game uniform that they will required to keep in their lockers. Uniforms will be washed by the athlete weekly. See Coach Combest if there are any concerns.
- **Theft will not be tolerated and is grounds for removal from program. Please ensure that you are locking your locker each day!**

Eligibility/Tutorials

- Athletes are required to maintain a 70% or higher in each of their classes in order to participate in games.
- We will have weekly grade checks and the athletes will be required to log into their HAC and write down their grades in each class.
 - We want to teach them to monitor their grades and advocate for themselves.

Eligibility Calendar

Zoom in



FRISCO
INDEPENDENT SCHOOL DISTRICT
T.E.A./U.I.L. 2022-2023 Eligibility Calendar

This document is intended to bring clarity to the eligibility calendar for U.I.L. participants

Specifically, please be aware of the following:

All students are academically eligible during Thanksgiving Break, Winter Break, and Spring Break holidays. Grace period for eligibility is seven calendar days after the evaluation, with exception of holidays.

Frisco Independent School District 2022-2023 T.E.A / U.I.L Eligibility Calendar

Friday	9-23	Evaluate all students	(UIL 6 week eligibility check)
Friday	9-30	Students gain or lose eligibility	(End of school day)
Friday	10-14	Evaluate all students	(End of 1st quarter)
Friday	10-21	Students gain or lose eligibility	(End of school day)
Friday	11-4	Re-evaluate failing students	(1st --3 week progress report)
Friday	11-11	Students may regain eligibility	(End of school day)

THANKSGIVING BREAK All students are academically eligible

Friday	12-2	Re-evaluate failing students	(2nd --3 week progress report)
Friday	12-9	Students may regain eligibility	(End of school day)
Thursday	12-22	Evaluate all students	(End of 2 nd quarter)

WINTER BREAK All students are academically eligible

Tuesday	1-17	Students gain or lose eligibility	(End of school day)
Monday	1-30	Re-evaluate failing students	(1st --3 week progress report)
Monday	2-6	Students may regain eligibility	(End of school day)
Tuesday	2-21	Re-evaluate failing students	(2nd --3 week progress report)
Tuesday	2-28	Students may regain eligibility	(End of school day)
Friday	3-10	Evaluate all students	(End of 3 rd quarter)

SPRING BREAK All students academically eligible

Monday	3-27	Students gain or lose eligibility	(End of school day)
Thursday	4-6	Re-evaluate failing students	(1st ---3 week progress report)
Thursday	4-13	Students may regain eligibility	(End of school day)
**Monday	5-1	Re-evaluate failing students	(2nd ---3 week progress report)
**Monday	5-8	Students may regain eligibility	(End of school day)
Friday	5-19	Students regain eligibility	(End of 4 th quarter)

**If we are in school on 4-10, then we will re-evaluate failing students on 4-27 and students may be able to regain eligibility on 5-4. If we are in school on 4-28, then we will re-evaluate failing students on 4-28 and students may be able to regain eligibility on 5-5.
(Updated 7-11-22)

Athletics Grading Policy

- Athletes are required to dress out in their athletics provided gear every day. Each day that they do not dress out will result in a 25 point deduction for their participation grade that week. Hair must be tied back at all times during the athletic period and all practices.
- Athletes are NOT allowed to wear jewelry of any kind, including but not limited to, earrings, watches, necklaces, hair bands on their wrists, etc. They will be deducted 5 points from their weekly participation grade for each item that they have not removed. This is a safety issue and we ask that the girls bring something from home to keep their jewelry in so that it doesn't get lost or fall in between lockers.
- Participation in activities will factor into their grade as well. Missing games, practices could result in points off. This will be determined on an individual basis (i.e. skipping, no communication, etc.).

Athlete/Parent Concerns

- Please use the flow chart below to bring concerns to our attention.

Athlete/Parent

Team Coach

Head Coach

Coordinator

Assistant Principal

Other Information/Policies

- **Students in athletics MUST be trying out for either basketball or volleyball. We do encourage all of our athletes to try out for all the sports.**
 - **If you are only trying out for volleyball, and don't make the team, you will have a schedule change to PE or another elective.**
- **Each sport will have a parent meeting and this will be communicated after tryouts and when teams have been posted.**
- **Weekly communication via email and Sports You**
- **Soccer and CC/Track only athletes are not required to be in athletics.**
- **Wish list items/donations**
 - **Pads/tampons, cases of water, command strip hooks, and hair ties.**

A collage of various sports equipment. In the top left is a large orange basketball. Below it is a brown leather baseball glove with "12 Inches" and "MEX 120" printed on it. In the center is a white baseball with red stitching. Behind it is a white and black soccer ball. To the right is a brown Wilson football with white laces. In the foreground is a wooden baseball bat. The text "VOLLEYBALL INFO" is overlaid in the center in a bold, blue, serif font.

VOLLEYBALL INFO

VOLLEYBALL INFO

- **Practice will begin promptly at 3:50PM for 7th grade. Athletes are expected to get to the gym as soon as school is dismissed.**
- **Practice for 8th grade will continue through the bell and students will not be released after school.**
- **Games played on Wednesday nights for 8th Grade and Thursday nights for 7th Grade. There will be a middle of the season tournament and District Tournament for A team only (if qualified)**
- **Game times are: 5:30 (C), 6:30(B) and 7:30(A)**

VOLLEYBALL INFO

- **Tryouts start Monday, August 15th during the Athletic Period.**
- **Tryouts will be held after school from Monday, August 15th through Thursday, August 19th.**
 - **7th grade tryouts will go through Friday, first cuts will be Wednesday with final cuts being made on Friday.**
- **For tryouts please prepare to wear ALL black (Shirt and shorts)-must be school appropriate; knee pads are required for tryouts.**
- **Attendance at all tryouts is mandatory to making the team.**

VOLLEYBALL INFO

- Tutorials

- We encourage all athletes to get the help they need in all their classes. However, in order to hold practice with the least amount of interruptions & distractions athletes **MUST** attend tutorials in the **MORNINGS** as much as possible. We understand that some circumstances may make this impossible and will accommodate the athlete as this occurs, but ask that all athletes make this a priority.
- A **note** from the teacher or a parent is needed for an athlete to attend tutorials in the **AFTERNOON**.
- Eligibility calendar

VOLLEYBALL INFO

ADMISSION COST FOR ATHLETIC EVENTS

- **Middle School - all athletic events**

- **Home Town Ticketing - more information to come**

- <https://tickets.friscoisd.org>

- **Flex Passes**

- **10 scans**

- **Adult \$50**

- **Student \$30**

QUESTIONS??



A collage of sports equipment including a basketball, a soccer ball, a football, a baseball glove, a baseball bat, and a baseball. The text "Thank you for your continued support!" is overlaid in blue.

**Thank you for
your continued
support!**
