



SCOGGINS HANDBOOK 2022-23

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SCOGGINS GIRLS ATHLETICS

EXPECTATIONS

TEAM

- Respect teammates
- Accept coaching in a constructive manner
- Understand your role on the team
- Go to **your coach** when you have a problem concerning the team
- Be loyal to Scoggins Athletics
- Set goals and work to achieve them
- Be able to do what's best for the team as a whole

PRACTICE

- Be on time
- Wear required attire
- Call or email if you will be absent from school and/or practice
- The first offense for **missing practice** will result in reduced playing time. A second offense could mean dismissal from the team. Missing practice for family emergencies will be handled on an individual basis.
- Parent excuse notes will be good for one practice for any injuries. If your daughter is going to miss more than one practice for an injury, they need to be seen by a doctor or the school trainer.
- Players that have been restricted from practice by a doctor, because of an injury, **must participate fully in one complete practice** before being allowed to play in a game. Exceptions may be made if the release date falls during a tournament. The final decision will be made by the coach, athletic coordinator and athletic trainer.

APPEARANCE

- No Scoggins issued equipment may be worn during school on non-match days
- Follow school dress code: shorts and tank tops are not to be worn away from the gyms or locker room.
- No unnatural hair color will be allowed.
- No jewelry is allowed during competition or practice.
- Please refrain from getting **new piercings** until the summer.
- Hair needs to be a natural hair color and tied with a hair tie.

GAMES

- Athletes are expected to be at ALL games/tournaments events
- Wear appropriate game day attire and be on time
- Help with game day duties for home matches
- Sit as a team and cheer for Scoggins the entire time
- DO NOT change shirts in the gym. Change in the locker room or bathroom.

SCOGGINS GIRLS ATHLETICS EXPECTATIONS

CODE OF CONDUCT

- As a Scoggins Athletes, you are held to higher expectations than the regular student body. It is a privilege, not a right, to be able to participate in extracurricular activities. Read the Student Code of Conduct, Extracurricular Code of Conduct, and the Code of Ethical Behavior sections in your FISD Student Handbook.
- The FISD Extracurricular Code of Conduct and Student Handbook can be found on the district website.

GRADES

- All players must maintain a 70 or better in all classes. If your grades fall below 75, you will be required to attend tutorials for that class.
- Grade checks (not report card) are the first SIX weeks of school. Athletes must be passing all classes with a 70 or better to remain eligible for competition. If you are not passing, you must sit out of competition (not practice) for three weeks. To become eligible, you must be passing ALL of your classes. (UIL)

GAME TRAVEL

- All students are required to **ride on the bus** to games with the team and will be picked up from away games at the school they are playing.
- If you miss the bus, you will not be allowed to play.
- Must have Rank One forms completed to ride the bus.

KNOW THE UIL RULES

- Please make sure you have signed a UIL Acknowledgement of Rules form (Rank One)
- If you have a question about UIL, please ask your coach or Athletic Coordinator
- If you break a UIL rule (knowingly or not) the entire team can be penalized
- UIL website: www.uil.utexas.edu/athletics/

Athletic Contract

- Follow all classroom rules and be on time to all classes and be respectful.
- Classroom/school violations:
 - Sent out of class for disruption
 - Placed in ISS
 - Communication from a teacher about behavior in class
 - Fighting
 - Illegal substances
 - Any behaviors that violate the School and Athletic Code of Conduct
- Athletic violations:
 - Not dressing out
 - Refusing to complete workout
 - Continually wearing jewelry and not having appropriate gear
 - Inappropriate language
 - Inappropriate sportsmanship
 - Any behaviors that violate the Athletic Code of Conduct
- Violations of Athletic Contract:
 - #1 - Warning
 - #2—conference with athlete and inform parent
 - #3—meeting with coach, athlete and parents
 - #4—removal from athletics

- Being placed in ISS is unacceptable for any reason, including tardiness. If you are placed in ISS, you miss the practice during school. If you are sent to short term ISS during a game week, you will be subject to reduced playing time that week. If you are assigned ISS by a school administrator, you will miss the game for that week and potentially future games. Consistent misbehavior can result in removal from the Athletic program.

Failure to abide by any rules or expectations in this handbook may result in additional disciplinary action (behavior contract) and /or dismissal from the program.

SUGGESTED GUIDELINES FOR PARENTS

- Be positive with your daughter. Let her know that she is accomplishing something simply by being part of the team.
- If your daughter is receiving limited playing time, encourage her to continue working hard at practice.
- Talk positively about coaches. Remember, the coach represents authority.
- Encourage your daughter to follow the rules. Volleyball/Basketball are very demanding sports and coaches must concern themselves with the player's off the court activities to get maximum physical and mental performance out of their players. Therefore, insist on your daughter's respect for her coaches, team rules, school rules, game officials, and on sportsmanship.
- Insist on good grades. When your daughter maintains good grades it gives her a strong educational foundation for future endeavors and she remains eligible for extracurricular activities.
- Your daughter should focus on her coaches' instruction during the game and not listen to fans that try to coach her from the stands. Parents, show your support by cheering on the team, but please refrain from becoming arguing with refs, going against the coach, and distracting your daughter.

PARENT/ATHLETE/COACH ROLES

PHILOSOPHY:

- Success in any environment that requires teamwork must have an open line of communication

PARENT ROLE:

- Be a fan of everyone on the team
- Respect the decisions of the fans, coaches, players, and referees
- Keep any negative thoughts about a coach, the program, or teammates to yourself
- Do not talk to coaches on a game day about a concern
- Be supportive of your child

PLAYERS ROLE:

- Be positive and have a good attitude
- Support all your teammates
- If you have questions, contact your coach first, then follow the chain of command
- Know and follow school, UIL, district, and team rules
- Challenge yourself
- Notify the coach of any scheduling conflicts well in advance

COACHES ROLE:

- Set an example for players and fans
- Be positive, fair, and consistent with players and parents
- Keep communication pathways open
- Have knowledge of the game
- Make each and every player a better athlete, student, and person
- Model and teach all components of a 'complete' athlete, on and off the court

If you have concerns to discuss with the Coach.....

- Make an appointment with the coach. Never approach the coach after a game or practice. Please allow **24 hours** before any contact is made to address any concerns.
- Follow the chain of command: **your coach**, Head Coach, Athletic Coordinator, Assistant Principal.
- Do not attempt to confront coach before, during, or following a match or practice
- If not satisfied with the meeting with your respective coach, call and schedule an appointment with the Head Coach. If problems still persist, follow the chain of command.

CELL PHONE POLICY

CELL PHONE POLICY DURING



- All electronic devices are prohibited to be used during the class period, in the locker rooms, at games, etc.
 - Cell phones will be collected each day during Athletics and returned at the conclusion of the class period, or practice.
 - Cell phones will be collected before games and given back when athlete is checked out by parent/guardian.

Sports You

- All parents of athletes must sign up for Sports You.
- For Girls Athletics:
 - Download the App through your app store on our phone.
 - Join with code: **G4T6-TESR**
- Each sport will have their own individual Sports You code that will be communicated once your daughter makes the team.



T.E.A./U.I.L. 2022-23 Eligibility Calendar

T.E.A./U.I.L. 2022-2023 Eligibility Calendar

This document is intended to bring clarity to the eligibility calendar for U.I.L. participants

Specifically, please be aware of the following:
 All students are academically eligible during Thanksgiving Break, Winter Break, and Spring Break holidays.
 Grace period for eligibility is seven calendar days after the evaluation, with exception of holidays.

Frisco Independent School District 2022-2023 T.E.A / U.I.L Eligibility Calendar

Friday	9-23	Evaluate all students	(UIL 6 week eligibility check)
Friday	9-30	Students gain or lose eligibility	(End of school day)
Friday	10-14	Evaluate all students	(End of 1st quarter)
Friday	10-21	Students gain or lose eligibility	(End of school day)
Friday	11-4	Re-evaluate failing students	(1st –3 week progress report)
Friday	11-11	Students may regain eligibility	(End of school day)
THANKSGIVING BREAK		All students are academically eligible	
Friday	12-2	Re-evaluate failing students	(2nd –3 week progress report)
Friday	12-9	Students may regain eligibility	(End of school day)
Thursday	12-22	Evaluate all students	(End of 2 nd quarter)
WINTER BREAK		All students are academically eligible	
Tuesday	1-17	Students gain or lose eligibility	(End of school day)
Monday	1-30	Re-evaluate failing students	(1st --3 week progress report)
Monday	2-6	Students may regain eligibility	(End of school day)
Tuesday	2-21	Re-evaluate failing students	(2nd –3 week progress report)
Tuesday	2-28	Students may regain eligibility	(End of school day)
Friday	3-10	Evaluate all students	(End of 3rd quarter)
SPRING BREAK		All students academically eligible	
Monday	3-27	Students gain or lose eligibility	(End of school day)
Thursday	4-6	Re-evaluate failing students	(1st ---3 week progress report)
Thursday	4-13	Students may regain eligibility	(End of school day)
**Monday	5-1	Re-evaluate failing students	(2nd ----3 week progress report)
**Monday	5-8	Students may regain eligibility	(End of school day)
Friday	5-19	Students regain eligibility	(End of 4 th quarter)

****If we are in school on 4-10, then we will re-evaluate failing students on 4-27 and students may be able to regain eligibility on 5-4. If we are in school on 4-28, then we will re-evaluate failing students on 4-28 and students may be able to regain eligibility on 5-5.**

(Updated 7-11-22)

Athletic Contract – Scoggins Girls’ Athletics

Participation in athletics and other extracurricular activities is a “privilege” rather than a “right” for students. Therefore, where these activities are concerned, schools have more authority to create and enforce rules, even those that apply off-campus.

My student-athlete will abide by the FISD Code of Conduct, Chapter 37 of the Texas Education Code, as well as the academic and behavioral expectations set out for all student athletes at Scoggins Middle School.

A violation of the Frisco ISD Code of Conduct, Chapter 37 of the Texas Education code, and/or the expectations set out for student athletes at Scoggins Middle School will result in removal of the student from athletics/sport.

- o **Classroom/school violations:**
 - o Sent out of class for disruption
 - o Placed in ISS
 - o Communication from a teacher about behavior in class
 - o Fighting
 - o Illegal substances
 - o Any behaviors that violate the School and Athletic Code of Conduct
- o **Athletic violations:**
 - o Not dressing out
 - o Refusing to complete workout
 - o Continually wearing jewelry and not having appropriate gear
 - o Inappropriate language
 - o Inappropriate sportsmanship
 - o Any behaviors that violate the Athletic Code of Conduct
- o **Violations of Athletic Contract:**
 - o #1 - Warning
 - o #2—conference with athlete and inform parent
 - o #3—meeting with coach, athlete and parents
 - o #4—removal from athletics

Additional disciplinary consequences may also be imposed by the appropriate school officials for conduct or behavior that violates the District’s Student Code of Conduct.

Please ensure that you sign the Google form acknowledging your receipt of this information.